



Mental Health Awareness

Emotional Regulation, Communication & Self-Care

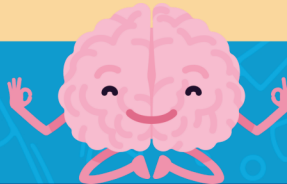
Wednesday, October 4, 2023

8:20am-9:20am



Presented by Zoe Camp, Psychiatric Social Worker

Join us for an enlightening discussion on how to co-regulate and effectively communicate with your child, while taking care of your own mental health along the way.



<https://lausd.zoom.us/j/5589590036>
Meeting ID: 558 959 0036

RSVP

Scan the barcode

